

| Sun   | Mon   | Tue   | Wed  | Thu  | Fri  | Sat   |
|---|---|---|--|--|--|---|
| <b>DECEMBER</b>   |   |   |  |  |  |   |
| <b>1</b>  | <b>2</b><br>9:30-12:00; free ski drills, slalom.<br>1:00-3:30; free ski drills, slalom  | <b>3</b><br>9:30-12:00; free ski drills, slalom.<br>1:00-3:30; free ski drills, slalom  | <b>4</b><br>9:30-12:00; free ski drills, slalom.<br>1:00-3:30; free ski drills, slalom                                 | <b>5</b><br>9:30-12:00; free ski drills, slalom.<br>1:00-3:30; free ski drills, slalom | <b>6</b><br>9:30-12:00; free ski drills, slalom.<br>1:00-3:30; free ski drills, slalom                                 | <b>7</b>  |
| <b>8</b><br>ALL FREE SKI DRILL SESSIONS MEET AT BASE OF CRESCENT LIFT.            | <b>9</b><br>9:30-12:00; free ski drills, slalom.<br>1:00-3:30; free ski drills, slalom  | <b>10</b><br>9:30-12:00; free ski drills, slalom.<br>1:00-3:30; free ski drills, slalom | <b>11</b><br>9:30-12:00; free ski drills, G.S. 1:00-3:30; free ski drills, G.S.  | <b>12</b><br>9:30-12:00; free ski drills, G.S. 1:00-3:30; free ski drills, G.S.        | <b>13</b><br>9:30-12:00; free ski drills, G.S. 1:00-3:30; free ski drills, G.S.  | <b>14</b><br>DAY SESSION GATES WILL START AS SOON AS HILL SPACE IS AVAILABLE. TBA |
| <b>15</b><br>DAY SESSION GATES WILL START AS SOON AS HILL SPACE IS AVAILABLE. TBA | <b>16</b><br>9:30-12:00; free ski drills, slalom.<br>1:00-3:30; free ski drills, slalom | <b>17</b><br>9:30-12:00; free ski drills, slalom.<br>1:00-3:30; free ski drills, slalom | <b>18</b><br>9:30-12:00; free ski drills, G.S. 1:00-3:30; free ski drills, G.S.<br><b>7:00-9:00 G.S. gates Payday.</b> | <b>19</b><br>9:30-12:00; free ski drills, G.S.<br>1:00-3:30; free ski drills, G.S.     | <b>20</b><br>9:30-12:00; free ski drills, G.S. 1:00-3:30; free ski drills, G.S.<br><b>7:00-9:00 G.S. gates Payday.</b> | <b>21</b>   |
| <b>22</b><br>7:00-9:00; Slalom gates, Payday                                      | <b>23</b><br>No training 12/23 through 1/1/20   | <b>24</b>   | <b>25</b>  | <b>26</b>  | <b>27</b>  | <b>28</b>   |
| <b>29</b>   | <b>30</b>   | <b>31</b>   |  |  |  |   |

| Sun | Mon | Tue | Wed      | Thu      | Fri      | Sat      |
|-----|-----|-----|----------|----------|----------|----------|
|     |     |     | <b>1</b> | <b>2</b> | <b>3</b> | <b>4</b> |

| JANUARY    |   |  |   |   |   |  |
|------------|---|--|---|---|---|--|
|            |   |  |   | 9:30-11:15: free ski drills, G.S. 11:15-1:30; GS gates, TBA.<br>2:15-3:30; free ski drills, G.S.  | 9:30-11:15: free ski drills, G.S. 11:15-1:30; GS gates, TBA.<br>2:15-3:30; free ski drills, G.S.<br><b>7:00-9:00. G.S. gates, Payday.</b> | <b>7:00-9:00; Slalom gates, Payday</b> |
| <b>5</b>   | <b>6</b><br>10:00-12:30; free ski drills, Slalom.<br>1:15-3:30; slalom gates; Eagle.  | <b>7</b><br>9:30-11:15; free ski drills, Slalom.<br>11:15-1:30; Slalom gates, Eagle. 2:15-3:30; free ski drills, Slalom.<br><b>7:00-9:00; Slalom gates; Payday.</b>  | <b>8</b><br>9:30-11:15; free ski drills, G.S. 11:15-1:30; G.S. gates, Eagle.<br>2:15-3:30; free ski drills, G.S.<br><b>7:00-9:00; Super-G. Payday</b>                   | <b>9</b><br>9:30-11:15: free ski drills, G.S. 11:15-1:30; GS gates, Eagle.<br>2:15-3:30; free ski drills, G.S.<br><b>7:00-9:00; G.S. gates Payday.</b>  | <b>10</b><br>9:30-11:15: free ski drills, G.S. 11:15-1:30; GS gates, Eagle.<br>2:15-3:30; free ski drills, G.S.                           | <b>11</b>                              |
| <b>12</b>  | <b>13</b><br>10:00-12:30; free ski drills, Slalom.<br>1:15-3:30; slalom gates; Eagle. | <b>14</b><br>9:30-11:15; free ski drills, Slalom.<br>11:15-1:30; Slalom gates, Eagle. 2:15-3:30; free ski drills, Slalom.<br><b>7:00-9:00; Slalom gates; Payday.</b> | <b>15</b><br>9:30-11:15; free ski drills, G.S. 11:15-1:30; G.S. gates, Eagle.<br>2:15-3:30; free ski drills, G.S.<br><b>7:00-9:00; Super-G. Payday</b>                  | <b>16</b><br>9:30-11:15: free ski drills, G.S. 11:15-1:30; GS gates, Eagle.<br>2:15-3:30; free ski drills, G.S.<br><b>7:00-9:00; G.S. gates Payday.</b> | <b>17</b><br>NO TRAINING.<br>RACES AT SUN VALLEY.   | <b>18</b>                              |
| <b>19</b>  | <b>20</b><br>No training:<br>Martin Luther King Day                                   | <b>21</b><br>9:30-11:15: free ski drills, Slalom.<br>11:15-1:30; Slalom gates, Eagle. 2:15-3:30; free ski drills, Slalom.  | <b>22</b><br>9:30-11:15; free ski drills, Slalom.<br>11:15-1:30; Slalom gates, Eagle.<br>2:15-3:30; free ski drills, Slalom.<br><b>7:00-9:00; Slalom gates; Payday.</b> | <b>23</b><br>9:30-11:15: free ski drills, G.S. 11:15-1:30; GS gates, Eagle.<br>2:15-3:30; free ski drills, G.S.<br><b>7:00-9:00; G.S. gates Payday.</b> | <b>24</b><br>9:30-11:15: free ski drills, G.S. 11:15-1:30; GS gates, Eagle.<br>2:15-3:30; free ski drills, G.S.                           | <b>25</b>                              |
| <b>26</b>  | <b>27</b><br>10:00-12:30; free ski drills, Slalom.<br>1:15-3:30; slalom gates; Eagle. | <b>28</b><br>9:30-11:15; free ski drills, Slalom.<br>11:15-1:30; Slalom gates, Eagle. 2:15-3:30; free ski drills, Slalom.<br><b>7:00-9:00; Slalom gates; Payday.</b> | <b>29</b><br>9:30-11:15; free ski drills, G.S. 11:15-1:30; G.S. gates, Eagle.<br>2:15-3:30; free ski drills, G.S.<br><b>7:00-9:00; Super-G. Payday</b>                  | <b>30</b><br>9:30-11:15: free ski drills, G.S. 11:15-1:30; GS gates, Eagle.<br>2:15-3:30; free ski drills, G.S.   | <b>31</b><br>9:30-11:15: free ski drills, G.S. 11:15-1:30; GS gates, Eagle.<br>2:15-3:30; free ski drills, G.S.                           |  |
| <b>Sun</b> | <b>Mon</b>  | <b>Tue</b>   | <b>Wed</b>  | <b>Thu</b>  | <b>Fri</b>  | <b>Sat</b>                             |

**FEBRUARY**

|                 |   |   |   |   |   |           |
|-----------------|---|---|---|---|---|-----------|
| <b>FEBRUARY</b> |   |   |   |   |   | <b>1</b>  |
| <b>2</b>        | <b>3</b><br>10:00-12:30; free ski drills, Slalom.<br>1:15-3:30; slalom gates; Eagle.  | <b>4</b><br>9:30-11:15; free ski drills, Slalom.<br>11:15-1:30; Slalom gates, Eagle. 2:15-3:30; free ski drills, Slalom.<br><b>7:00-9:00; Slalom gates; Payday.</b> | <b>5</b><br>9:30-11:15; free ski drills, Slalom.<br>11:15-1:30; Slalom gates, Eagle.<br>2:15-3:30; free ski drills, Slalom.   | <b>6</b><br>9:30-11:15; free ski drills, G.S. 11:15-1:30; GS gates, Eagle.<br>2:15-3:30; free ski drills, G.S.  | <b>7</b><br>9:30-11:15; free ski drills, G.S. 11:15-1:30; GS gates, Eagle.<br>2:15-3:30; free ski drills, G.S.  | <b>8</b>  |
| <b>9</b>        | <b>10</b><br>10:00-12:30; free ski drills, Slalom.<br>1:15-3:30; slalom gates; Eagle. | <b>11</b><br>9:30-11:15; free ski drills, Slalom.<br>11:15-1:30; Slalom gates, Eagle. 2:15-3:30; free ski drills, Slalom.   | <b>12</b><br>9:30-11:15; free ski drills, G.S. 11:15-1:30; G.S. gates, Eagle.<br>2:15-3:30; free ski drills, G.S.<br><b>7:00-9:00; Super-G. Payday</b>                  | <b>13</b><br>9:30-11:15; free ski drills, G.S. 11:15-1:30; GS gates, Eagle.<br>2:15-3:30; free ski drills, G.S.   | <b>14</b><br>9:30-11:15; free ski drills, G.S. 11:15-1:30; GS gates, Eagle.<br>2:15-3:30; free ski drills, G.S.   | <b>15</b> |
| <b>16</b>       | <b>17</b><br>No training: Presidents Day.   | <b>18</b><br>9:30-11:15; free ski drills, Slalom.<br>11:15-1:30; Slalom gates, Eagle. 2:15-3:30; free ski drills, Slalom.   | <b>19</b><br>9:30-11:15; free ski drills, Slalom.<br>11:15-1:30; Slalom gates, Eagle.<br>2:15-3:30; free ski drills, Slalom.<br><b>7:00-9:00; Slalom gates; Payday.</b> | <b>20</b><br>9:30-11:15; free ski drills, G.S. 11:15-1:30; GS gates, Eagle.<br>2:15-3:30; free ski drills, G.S.<br><b>7:00-9:00; G.S. gates Payday.</b> | <b>21</b><br>9:30-11:15; free ski drills, G.S. 11:15-1:30; GS gates, Eagle.<br>2:15-3:30; free ski drills, G.S.   | <b>22</b> |
| <b>23</b>       | <b>24</b><br>10:00-12:30; free ski drills, Slalom.<br>1:15-3:30; slalom gates; Eagle. | <b>25</b><br>9:30-11:15; free ski drills, Slalom.<br>11:15-1:30; Slalom gates, Eagle. 2:15-3:30; free ski drills, Slalom.   | <b>26</b><br>9:30-11:15; free ski drills, G.S. 11:15-1:30; G.S. gates, Eagle.<br>2:15-3:30; free ski drills, G.S.<br><b>7:00-9:00; Super-G. Payday</b>                  | <b>27</b><br>9:30-11:15; free ski drills, G.S. 11:15-1:30; GS gates, Eagle.<br>2:15-3:30; free ski drills, G.S.   | <b>28</b><br>9:30-11:15; free ski drills, G.S. 11:15-1:30; GS gates, Eagle.<br>2:15-3:30; free ski drills, G.S.<br><b>7:00-9:00; G.S. gates Payday.</b> | <b>29</b> |

Sun

Mon

Tue

Wed

Thu

Fri

Sat

# MARCH

|   |  |  |   |   |   |           |
|---|--|--|---|---|---|-----------|
| <b>1</b><br>7:00-9:00; Slalom gates. Payday | <b>2</b><br>10:00-12:30; free ski drills, Slalom. 1:15-3:30; slalom gates; Eagle.  | <b>3</b><br>9:30-11:15: free ski drills, Slalom. 11:15-1:30; Slalom gates, Eagle. 2:15-3:30; free ski drills, Slalom.  | <b>4</b><br>9:30-11:15; free ski drills, G.S. 11:15-1:30; G.S. gates, Eagle. 2:15-3:30; free ski drills, G.S. 7:00-9:00; Super-G. Payday  | <b>5</b><br>9:30-11:15: free ski drills, G.S. 11:15-1:30; GS gates, Eagle. 2:15-3:30; free ski drills, G.S. 7:00-9:00; G.S. gates Payday. | <b>6</b><br>NO TRAINING. RACES AT PARK CITY.  | <b>7</b>  |
| <b>8</b>                                    | <b>9</b><br>10:00-12:30; free ski drills, Slalom. 1:15-3:30; slalom gates; Eagle.  | <b>10</b><br>9:30-11:15: free ski drills, Slalom. 11:15-1:30; Slalom gates, Eagle. 2:15-3:30; free ski drills, Slalom. | <b>11</b><br>9:30-11:15; free ski drills, G.S. 11:15-1:30; G.S. gates, Eagle. 2:15-3:30; free ski drills, G.S. 7:00-9:00; Super-G. Payday | <b>12</b><br>9:30-11:15: free ski drills, G.S. 11:15-1:30; GS gates, Eagle. 2:15-3:30; free ski drills, G.S.                              | <b>13</b><br>9:30-11:15: free ski drills, G.S. 11:15-1:30; GS gates, Eagle. 2:15-3:30; free ski drills, G.S.              | <b>14</b> |
| <b>15</b>                                   | <b>16</b><br>10:00-12:30; free ski drills, Slalom. 1:15-3:30; slalom gates; Eagle. | <b>17</b><br>NATIONALS AT STEAMBOAT; POSSIBLE FREE SKI SESSIONS, T.B.A.  | <b>18</b><br>NATIONALS AT STEAMBOAT; POSSIBLE FREE SKI SESSIONS, T.B.A.   | <b>19</b><br>NATIONALS AT STEAMBOAT; POSSIBLE FREE SKI SESSIONS, T.B.A.   | <b>20</b><br>NATIONALS AT STEAMBOAT; POSSIBLE FREE SKI SESSIONS, T.B.A.   | <b>21</b> |
| <b>22</b>                                   | <b>23</b><br>10:00-12:30; free ski drills, Slalom. 1:15-3:30; slalom gates; Eagle. | <b>24</b><br>9:30-11:15: free ski drills, Slalom. 11:15-1:30; Slalom gates, Eagle. 2:15-3:30; free ski drills, Slalom. | <b>25</b><br>9:30-11:15: free ski drills, G.S. 11:15-1:30; GS gates, Eagle. 2:15-3:30; free ski drills, G.S.                              | <b>26</b><br>9:30-11:15: free ski drills, G.S. 11:15-1:30; GS gates, Eagle. 2:15-3:30; free ski drills, G.S.                              | <b>27</b><br>9:30-11:15: free ski drills, G.S. 11:15-1:30; GS gates, Eagle. 2:15-3:30; free ski drills, G.S. LAST DAY !!! | <b>28</b> |
| <b>29</b>                                   | <b>30</b>  | <b>31</b>  |   |   |   |           |